

Remembering The Greatest Truth..

KNOW

‘THAT ONE THING’

SPECIAL REPORT-PART I

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***The Mystery Of Human
Evolution
&
How Understanding Its
Timeless Secrets Can
Significantly Influence Your
Approach & Outlook
Towards Life And Pave The
Way For Your Innate
Greatness To Enrich and
Empower Your Life***

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The BABY STEPS

Let's first understand what evolution really is.

A tremendous power which is trying to express itself and circumstances which are holding it down, the environments not allowing it to express itself. So in order to fight with these environments, the power is taking new bodies again and again. An amoeba in the struggle gets another body and so on until it become a human being. Now if you carry this idea to its logical conclusion there must come a time when that power that was in the amoeba and which evolved as a human being will have conquered all obstructions that nature can bring before it and will thus escape from all its environments. The idea expressed in metaphysics will take this form, there are two components in every action, the one the subject and the other the object, **and the one aim of life is to make the subject the master of the object.**

Swami Vivekananda

A full understanding of the concept of evolution can reveal one of the greatest secrets hidden from mankind:

“What is that single and most powerful action step necessary to take your life to the next level?”

Here's an example:

The little fish wants to flee from its enemies in the water. How does it do so? Imagine that this tiny fish is going to die the next moment as a big fish is about to eat it. What could be the last thought of the little fish? Think about some possible solutions...

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THE FISH THOUGHT:

“If I had known how to evolve wings and become a bird I could have flown from the enemies in the water”

Notice carefully what the little fish thought. It said “ If I could evolve wings and become a bird I could fly ”. It didn’t say that it wanted to get rid of all the big fishes surrounding it or change the immediate environment in the water. It was interested in its own evolution.

The fish did not change the water or the air; the change was in itself.

Change is always subjective.

Read this a hundred times. I’ll wait.

We saw a little earlier there are two aspects to every problem:

- a) The subject which is “You”.
- b) The object - the environments and the circumstances limiting or confusing your options.

You can’t conquer all the objective environments. You can’t get rid of every person, problem and every uncomfortable event that you encounter in your life.

So what do you do?

Like the little fish you evolve wings and become a bird.

YOU “TAKE MENTAL FLIGHT”

These are the three magical words - Taking Mental Flight – which compose the secret action step. I’m going to teach you how to take this specific action step in your life.

We’re all evolving beings, trying to express ourselves a little better with every passing day. Take a look around and you’ll find that in every great discovery or achievement there are predominantly two essential ideas which could have triggered the forward movement.

a) A pressing problem

OR

b) An expression or idea of freedom.

Let’s take the discovery of airplanes for instance. History might have recorded quite a few things which led to this achievement; but if you attempt to go a little deeper into the workings of the mind of the person who made this fantastic discovery you might find the idea of freedom, the will to fly, to “take mental flight.” Notice that he didn’t attempt to change the objective circumstances: (the laws governing the earth, the air or the physical human body which stopped him from flying.) rather he went on to develop an airplane through which he could take off from this earth and fly into the sky.

Change is always subjective.

You can’t conquer all possible environments you find yourself in. But there is a tremendous potential power within you which can express itself in manifold ways. You have to give this force a new direction - a mental flight.

So how do we embark on this great challenge of “taking mental flight?”

The first thing is to know your true potential. This is the key. Your true potential has nothing to do with your current

circumstances in life, with your level of intelligence, or the environment provided to you by your parents and society. All these factors are not a true reflection of your real potential.

There is something that you own which is priceless, powerful, and magnificent. No force in this world can take this innate and vital ability away from you. It's important that you fully sense and use this internal force to direct your life in the grandeur of its true spirit.

Connecting To the Reservoir.

Consider this example the farmer is irrigating his field. Through a little corner of his field he brings water from a reservoir. He has got a little lock that prevents the water from rushing into his field. When he wants water he has to simply open the lock, and **in rushes the water of its own power. The power has not to be added. It is already in the reservoir.** So everyone one of us, every being has as his own background such a reservoir of strength, infinite strength, infinite purity, infinite bliss and existence—**only these locks in the form of bodies and minds are hindering us from expressing what we really are to the fullest.**

Swami Vivekananda

There are two important questions which have to be answered here.

- 1) How do we know that we have a reservoir of strength and an unlimited energy at our disposal to get us anything that we truly want?
- 2) If it is true that we have an unlimited amount of energy why aren't we able to recognize it and utilize it for our benefit?

THE INSANE IDEA

Most of us have this idea that our intelligence and actions spring from our body and mind. This is what we have been taught in school and in college. But that isn't true.

How can we know that there is something behind this mind and body?

Let's understand this with a more simple example. Take a look at the computer. How could the computer have come into existence? There is only one way: **Thru intelligence.**

So where is the intelligence stored in the computer?

- a) In the Monitor
- b) In the keyboard
- c) In the CPU(Central Processing Unit)

We all know that the monitor and the keyboard don't carry that intelligence. Its utility is restricted to viewing and typing. The real intelligence which runs the computer is stored in a small chipset in the CPU. However, we also know that the intelligence of the CPU is limited and that there is intelligence beyond the CPU.

How do we know that? Because it a human brain which developed the CPU! The computer doesn't have the understanding that there is something beyond itself because all its functions are executed technologically. In a similar manner human beings fail to understand that there is something beyond the mind because most of the activities of our daily life are met and executed through the workings of our regular thought processes. But just as we know that there is intelligence beyond the CPU we can also find out there is a intelligence beyond our body and mind if we examine the source of all our knowledge.

PROOF

Intelligence can't belong to the human body

How do our fingers move, our legs walk, our eyes see, our ears hear? What is the source of intelligence of the human body? Intelligence can't belong to dead or dull matter. Never was seen any gross matter which had intelligence as its own essence. No dull or dead matter can illumine itself. The body can't be the source of its own intelligence. Its intelligence must have been borrowed from something else. We saw in the earlier example that the intelligence of the monitor and keyboard is borrowed from the CPU. Similarly, the intelligence of the body is ***borrowed*** from the human mind.

However, just as the intelligence of the CPU is borrowed from the human mind, which is higher than the CPU, the intelligence of the human mind is borrowed from something higher. How can we know this?

Intelligence can't belong to the human mind

We saw earlier that the moon waxes and wanes because its light is borrowed from the Sun. If a lump of iron is put into the fire and made red-hot it glows and shines but its light will vanish because it is borrowed. **So decadence is possible only of that light which is borrowed and is not of its own essence.** The human mind is vigorous at one time and weak at another because it can be acted upon by anything and everything. Therefore the light which shines through the mind is not its own.

Anything which is subject to change and which can be acted upon can't be the source of its own intelligence. Accordingly,

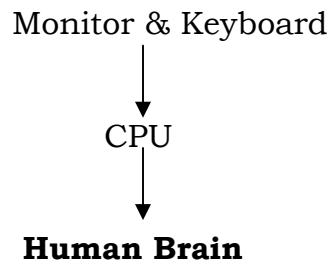
the human mind can't be the source of its own intelligence. Its intelligence must have been **borrowed** from something else.

So what is the source of this infinite human intelligence?

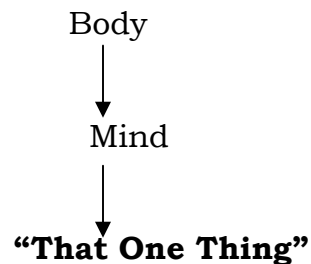
Whose is it then? It must belong to that which has it as its own essence, and as such can never decay or die, never become stronger or weaker, it is self-luminous, it is luminosity itself. **That which is happy has borrowed its happiness, that which has knowledge has received its knowledge and that which has a relative existence has only a reflected existence.** Wherever there are qualities, these qualities have been reflected upon the substance, but “that one thing” has not knowledge, existence and blessedness as its qualities, they are the **essence** of “that one thing”.

Swami Vivekananda

Intelligence of The COMPUTER



Intelligence of Human Being



THAT ONE THING

Let's take a closer look at "that one thing" which is higher than the mind and the body.

We can only know "that one thing" by defining its characteristics which must be superior than the mind and the body. So let's define its uniqueness:

a) If "that one thing" can't decay or die like the human body then it can **never be destroyed**. It is eternal and everlasting.

b) If "that one thing" can never be subject to change like the human mind it means **it cannot be acted upon by anything**. There is no force superior to it which can influence its behavior.

c) If "that one thing" can't borrow its intelligence **it means it should have an independent existence**. It can't be the outcome of anything. It always existed. There was never a time when it did not exist.

d) If "that one thing" should have an independent existence it means it cannot have a relative existence. If it can't have a relative existence it means **it should have an absolute existence**.

It can't be that the sun has light but *it is light*. *Light isn't a quality of the sun but it is its core essence and so the light of the sun is absolute*. However, when the same light of the sun falls upon any object the light is no longer absolute in relation to that object. It becomes relative because the light is borrowed and light is seen more as a quality of that object. So wherever you see qualities in an object it has a relative existence. "That one thing" should be absolute.

To reiterate: that which is happy has borrowed its happiness, that which has knowledge has received its knowledge, and that which has a relative existence has only a reflected

existence. Wherever there are qualities, these qualities have been reflected upon the substance, but “that one thing” hasn’t knowledge, existence and blessedness as its qualities; they are the essence of “that one thing.”

It can’t be “that one thing” knows; *it is* knowledge. It can’t be “that one thing” has existence; *it is* existence. It can’t be “that one thing” is happy; *it is* happiness itself.

All the qualities of happiness, knowledge, existence found within us are not the qualities of “that one thing” - they are its core essence!

Notice four distinct characteristics of “that one thing” which are the source of all human intelligence.

- 1) “That one thing” can never be destroyed
- 2) “That one thing” can never be acted upon by anything
- 3) “That one thing” has independent existence
- 4) “That one thing” has absolute existence

The one big question which crops up is how can we take for granted “that one thing” has knowledge, blessedness, and existence as its essence and it hasn’t borrowed these qualities from something else? This is a very valid question but if we move in that direction it wouldn’t lead us anywhere and there would be no end to this discussion. So to make things simple and easy we stop at the point where we get self luminosity and don’t proceed any further.

As human beings we’re made up of body which is the gross form, the mind which is finer and beyond the mind and the body is “that one thing” which is the source of infinite intelligence from which everything manifests.

The whole universe is a projection of “that one thing.” How do we know this? **Because every single thing exists in the universe as a result of intelligence.** The sun, the moon, the stars, the plants, the animals, human beings – everything in nature exists because of intelligence; and this intelligence is borrowed from the infinite intelligence of “that one thing” which is the source of all intelligence in the universe. We can verify this right now by doing a simple exercise.

EXERCISE No 1

Close your eyes and imagine that this entire universe is destroyed. There is no sun, moon, stars, human beings, animals, plants and the whole entourage of nature. Nothing exists, absolutely nothing. Now let’s recreate this entire universe again.

How do we start?

Here’s the secret. We know that the universe no longer exists and is destroyed. **However, it doesn’t mean that the “idea of the universe” is destroyed and no longer exists.** The “idea of the universe” still exists and it can’t be destroyed; and there is no reason why this “idea of the universe” shouldn’t become the cause and reason for the emergence of a new cycle of the universe.

Idea of The Universe

This entire universe could not have come into existence without an idea of the universe. This is the first step in the creation of the universe. What is an idea? It is a subtle intelligence. What is the source of this intelligence? “That one thing” from which everything manifests. Now if we carry this idea further notice that from the idea of the universe emerges the idea of the sun, the idea of the earth, the idea of the air,

the idea of water, idea of human beings, the idea of plants, the idea of animals and everything in nature.

The sun couldn't exist without an idea of the sun being in place.

The air couldn't exist without an idea of the air being in place.

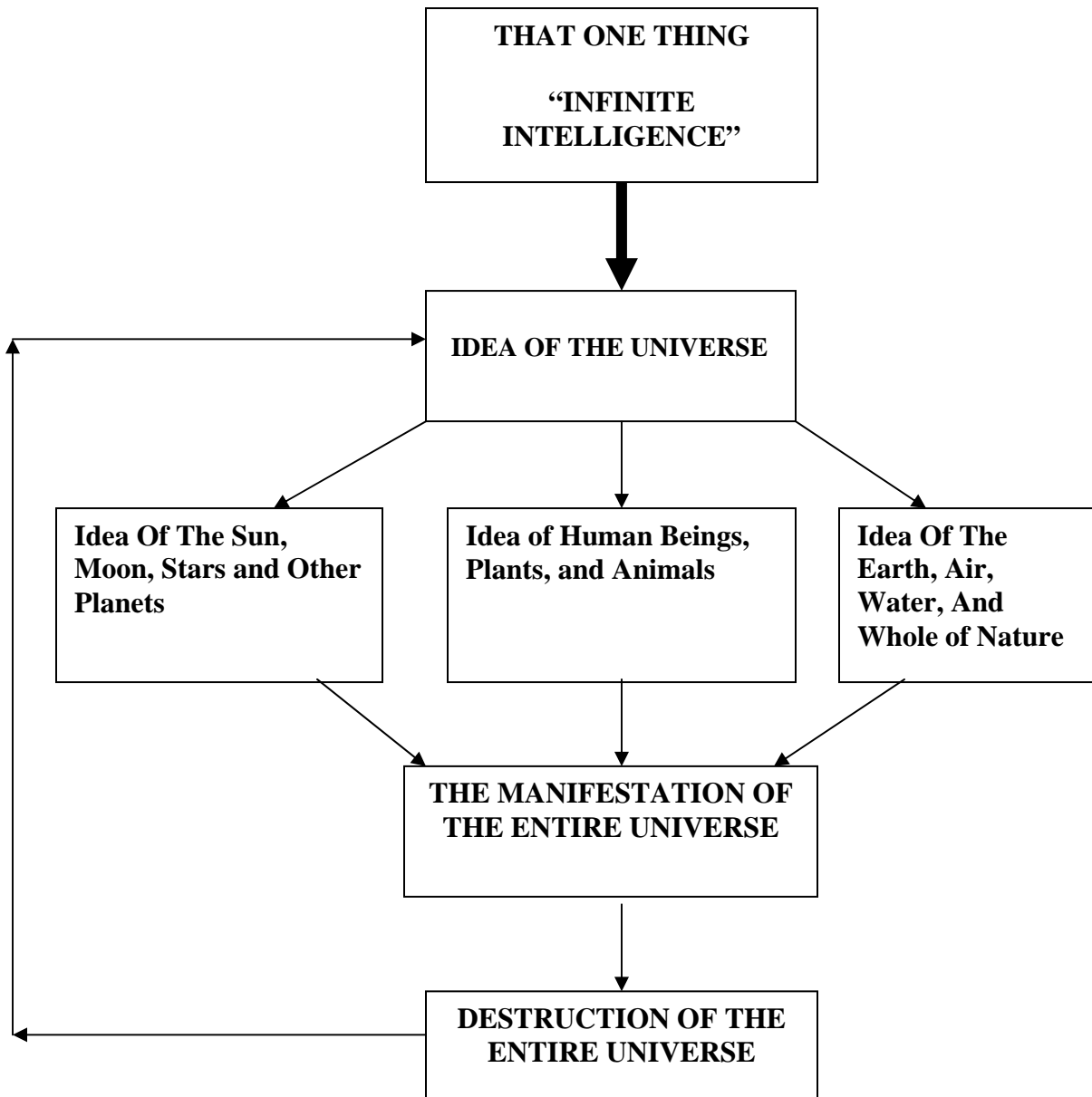
The water couldn't exist without an idea of water being in place.

The animals couldn't exist without an idea of animal being in place.

The human being couldn't exist without an idea of human being in place.

Everything exists in this universe as a result of intelligence and this intelligence is borrowed from the infinite intelligence of "that one thing."

Have a look at the diagram in the next page:



You can call this infinite intelligence God or soul or cosmic intelligence, or give it any other name but you cannot deny the working of a superior intelligence behind this universe. I prefer to call it "That one Thing".

As a man who has devoted his whole life to the most clear headed science to the study of matter I can tell you as a result of my research about atoms this much - there is no matter as such. All matter originates and exists only by virtue of a force which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume behind this force the existence of a conscious and intelligent mind. This mind is the matrix of all matter. –

Max Plank - Nobel Prize winner for physics for his work on the atom.

END OF REPORT 1

In the next report we will talk about a few foolish doubts and theories which have befuddled our mind and how staying clear of it can bring about a tremendous clarity in our life. Also I will present to you one of the most misunderstood concepts of creation. It is going to be fun and you are going to enjoy, learn and implement some of the most powerful and timeless secrets of human evolution. So stay tuned...

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